



P.O. Box 901 • Perkins, OK 74059 • 405-547-5581
Sugar and Spice LLC • FEI: 01-0976583

❧ Theme Menus ❧

The following menus are available for delivery and buffet (self) service at your office, home or other location. Paper ware and drinks are available.

For sit down full dinner service, substitutions, and/or customized menus, please call. Presentation can be tailored to your event – rustic, boho, shabby chic, French country, glam - tableware, linens, and table service are available for an additional charge.

◆◆ BREAKFAST BUFFET ◆◆

Seasonal fruits

Ham, sausage, hash brown or egg casserole

2 meats: ham, sausage patties, or bacon or

Fresh baked ham & cheese crescents or

Biscuits & gravy (with or without sausage)

2 of the following: oven baked apple french toast, french toast, pancakes, waffles, coffee cake, muffins (sugar free available), cinnamon rolls, or breakfast cookies

Your choice of milk, coffee, hot chocolate, tea, or selection of juices.

***An “egg bar” with eggs and omelets cooked to order onsite is available for an additional charge.*

◆◆ CONTINENTAL BREAKFAST AVAILABLE ◆◆

◆◆ MEXICAN BUFFET ◆◆

Chicken Enchilada Casserole and/or Burrito Pie Casserole

Seasoned (mild) ground beef

Taco shells and flour tortillas

Tortilla chips

Queso, guacamole, salsa, tomatoes, cheese, lettuce & sour cream

Dessert(s)

◆◆ HAWAIIAN LUAU ◆◆

Fresh Vegetable Tray with dip

Fruit Tray with fresh pineapple

Roasted Pork or Baked Honey Ham and/or Hawaiian Chicken

Rice Pilaf

Baked Sweet Potato or Twiced Baked Sweet Potato

Hawaiian Bread or Crescent Rolls

Dessert(s)

*** Peel and eat shrimp or other seafood dish available for an additional charge*

◆◆ **WESTERN HOEDOWN** ◆◆

2 entrees: **slow simmered brisket, BBQ pork, grilled chicken, ribs,
or sliced kielbasa in BBQ sauce

2 sides: potato salad, coleslaw, baked beans, mini corn on the cob,
macaroni and cheese. *Substitute sides are also available*

Rolls or bread

Dessert(s)

◆◆ **CHICKEN DINNER** ◆◆

2 entrees: Grilled (lemon-pepper, Italian, BBQ or plain), roasted or baked
(teriyaki, Hawaiian, honey mustard, garlic, chicken marsala, chicken savoy,
apricot, feta, poppy seed) or fried pieces or strips

2 side dishes: mashed potatoes and cream gravy, dressing, rice, baked potato, macaroni
& cheese, carrots, green beans, corn, peas, broccoli, cauliflower

Garden Salad

Rolls or bread

Dessert(s)

◆◆ **ITALIAN SMORGASBORD** ◆◆

Soup (minestrone or chicken tortellini) or

Antipasto (Italian name for veg/relish tray) \$35.00 additional

Caesar or garden salad

2 of the following: Chicken parmesan with pasta & marinara; beef, chicken or vegetarian
lasagna, fettuccini alfredo with grilled chicken, sausage *kielbasa type* in marinara with
onions & peppers, fresh baked pizza (up to 4 toppings, mix & match) on fresh thick or thin crust.

vegetables: steamed zucchini & yellow squash in butter, baby carrots, green beans, corn,
peas, broccoli, and cauliflower.

Choice: Soft breadsticks, cheese or tomato vegetable breads, crusty garlic bread

Dessert(s)

◆◆ **SOUP, SANDWICH & SALADS** ◆◆

Choose 2 soups: chicken noodle, vegetable beef stew, chicken tortellini,
chili (with or without beans), potato, cheesy broccoli, taco, ham & bean or navy bean.

Sandwiches on white/wheat: ham, turkey, chicken salad, tuna salad, ham salad, and/or
roast beef.

Includes lettuce, tomato, onion, pickle, condiments, cheese tray

Garden salad with selection of dressings

Dessert(s)

**Substitution of soups for additional salads is available.

◆◆ **PRIME RIB DINNER** ◆◆

Thick, juicy cuts of garlic roasted prime rib

Fresh garden salad with dressing

Potato: baked, twice baked, loaded mashed, au gratin, scalloped

2 side dishes: vegetables, starches, or salads

Rolls

Dessert(s)

◆◆ **CHILI BAR** ◆◆

Large, beef hot dogs on buns
Baked potatoes
Our homemade chili
Frito brand corn chips
Cheese, sour cream, bacon bits, chives, onions
Dessert(s)

◆◆ **BRISKET SPECIAL** ◆◆

Slow simmered brisket
Choice of 2: baked beans, coleslaw or potato salad
Rolls
Dessert(s)

◆◆ **HAMBURGER BAR** ◆◆

1/3 pound ground beef patties with (tray of buns or already put together)
Cheese, condiments, lettuce, tomatoes, onions and pickles on side
Baked beans
Chips
Dessert(s)

◆◆ **SANDWICH SPECIAL** ◆◆

Boxed, Trays of Pre-Made, or "Make Your Own"
Ham and/or turkey on white and/or wheat bread
Lettuce, tomatoes, condiments
Choice of two: Coleslaw, chips, fresh fruit, fruit salad or potato salad
Cookie &/or brownie

☞ **CREATIVELY CATERING SPECIALTY BARS & STATIONS** ☞

*Hot Chocolate Bars, Lemonade Bars, Smores Bar, Potato Bar, Crostini Station, Soup
Bar/Station with bread boules, Carving Board Stations*

☞ **BARTENDING SERVICES AVAILABLE—FULL BAR SET UPS** ☞

Liscensed and Insured

Beer - Wine - Signature Drinks - Full Service Bar - Cash Bar